

WEEK 1

H MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1 - B Free Range Chicken & Pasta in a Creamy Sauce Option 2 - C Spinach & Lentil Dahl with Rice	Option 1 - B Beef Hotpot with Garlic Bread Option 2 - C Roast Vegetable Calzone	Option 1 - B Roast Chicken with Roast Potatoes & Gravy Option 2 - C Roasted Vegetarian Strips with Roast Potatoes & Gravy	Option 1 - B Meat Feast Pizza Option 2 - C Margherita Pizza	Option 1 - B Fish Fingers & Chips Option 2 - C Spicy Bean Burger in a Bun with Chips
Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad
Sweetcorn & Broccoli	Pear & Cauliflower	Carrots & Green Beans	Roasted Mediterranean Vegetables & Sweetcorn	Peas & Baked Beans
Peaches & Fruit Melba Sauce	Yoghurt Bar	Oaty Apple & Berry Crumble with Custard	Orange Jelly & Fruits	Fresh Fruit Salad

KEY



Vegetarian



Plant Based Vegan Friendly



Halal Option Available



MSC Fish

WEEK 2

H MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1 - B Honey & Ginger Vegetable Strips Stir Fry with Noodles Option 2 - C Quorn Paella	Option 1 - B Kheema Beef Curry with Rice Option 2 - C Vegetarian Chicken Style Piri Piri Strips Wrap	Option 1 - B Roast Turkey with Roast Potatoes & Gravy Option 2 - C Macaroni Cheese	Option 1 - B Free Range Thai Red Chicken Curry with Rice Option 2 - C Roasted Vegetable Pizza	Option 1 - B Battered Pollock with Chips & Homemade Tartar Sauce Option 2 - C Quorn Frankfurter Hot Dog with Chips
Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad
Carrots & Vegetable Medley	Green Beans & Cauliflower	Carrots & Green Cabbage	Sweetcorn & Broccoli	Peas & Baked Beans
Lemon Cheesecake Yoghurt	Yoghurt Bar	Pear & Mixed Berry Pie with Custard	Lemon Shortbread with Fruits	Orange Jelly

WEEK 3

H MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1 - B Beef Spaghetti Bolognese Option 2 - C Butterbean & Vegetable Tagine with Cous Cous	Option 1 - B Chicken Sausages with Mashed Potato & Gravy Option 2 - C Quorn Sausage with Mashed Potato & Gravy	Option 1 - B Roast Beef with Roast Potatoes & Gravy Option 2 - C Goan Vegetable Curry with Rice	Option 1 - B Free Range Jerk Chicken & Rice Burrito Option 2 - C Red Onion & Sweetcorn Pizza	Option 1 - B Battered Pollock & Chips Option 2 - C Cheese & Broccoli Quiche with Chips
Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad
Carrots & Green Beans	Green Cabbage & Cauliflower	Carrots & Broccoli	Sweetcorn & Roasted Mediterranean Vegetables	Peas & Baked Beans
Peach Fool	Yoghurt Bar	Apple & Banana Cake with Custard	Fruit Jelly with Fruits	Fresh Fruit Salad