



Zones of Regulation Parent Workshop

Monday 17th
January

3:45 – 4:45pm

Main Hall

Mrs Fraga

STOCKWELL PRIMARY SCHOOL ZONES OF REGULATION PARENT WORKSHOP

Would you like to know how we support the children with managing their emotions?

Come along to our Zones of Regulation Workshop to find out how we teach the children to self-regulate and how you can use these ideas at home. Mrs Fraga will explain the zones and give you some tools to use with your children.



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