Monday 13th March, 2023

Dear Parents/Carers

## Head lice – please check your child's hair

We have been notified of some cases of head lice in your child's year group.

It is important to check your child's hair for head lice. The best technique is to use a head lice comb when the hair is wet, leaving in conditioner and combing the hair in sections. When the hair is wet, head lice cannot move so they are easier to comb out. Please note that they do not jump or fly, you can only catch head lice from head to head contact.

If you find head lice, you must:

- Treat appropriately: the wet combing technique eradicates the lice and eggs. This should be
  done every 3 to 4 days over a 2-week period to break the life cycle. If you require further
  information please have a look at the following website: <a href="https://www.chc.org/how-to-treat-head-lice-and-nits-successfully/">https://www.chc.org/how-to-treat-head-lice-and-nits-successfully/</a>
- Inform school and other contacts and groups, such as friends, Brownies, or Cubs, to prevent the spread of head lice

Children who become clear of head lice can be re-infected at school. You can help to tackle this by following good prevention, by being vigilant to spot any new infections or re-infections and by seeking prompt treatment if you find any head lice.

Head lice are best prevented and controlled by regular wet combing, and keeping long hair tied up.

Thank you for your help in this matter.

Yours sincerely

Ms. Z McIntosh Acting Head of School

## **BJS FEDERATION OF SCHOOLS**

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