

Living with Teenagers

This 9 week course helps parents of 12 - 16 year olds learn practical communication skills to bring up confident, happy and co-operative teenagers

Sign up and find out more at
www.lambeth.gov.uk/Parenting

Wednesdays **online** 7:00 - 8:30 pm

27 September - 29 November

(No session 25th October due to half term)



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES

South London and Maudsley

NHS Foundation Trust




Lambeth