



## Low Cost/No Cost Family Fun in London

*Please look at the organisations' websites to double check times and arrangements*

### Traffic Light System Boxing CIC – Children's Boxing **FREE or £3**

We are a new boxing gym that just opened in December last year. It's called TLS Boxing CIC . Even if you don't box, you are more than welcome to use the gym, sauna, and ice bath.

Adults Boxercise £7 AND Adults Pay as you go gym £5

Pay as you go gym 65+ £3

**Boxing for Juniors aged 7 to 15 - £3 Mon, Wed, Fri 4.30 till 5.30pm ( on Fridays the Juniors are free)**

Boxing for seniors aged 16+ £5 Mon, Wed, Fri 5.30pm till 8.30pm

TLS Boxing CIC, Hemans Estate, Vauxhall London, SW8 4SE, United Kingdom

[info@tlsboxing.co.uk](mailto:info@tlsboxing.co.uk)

<https://www.tlsboxing.co.uk/>

### Mother Goose Community Winter Event **FREE**

Saturday 1<sup>st</sup> February 11,30-4pm

Planting and pot painting, making macrame hangers, damper bread, marshmallows, apples and more.

Families, adults and accompanied children welcome. Make sure you are dressed for all weathers. Entrance to the community events is from Wanley Road at the lower end near to the newer block of flats near the corner with Greendale. Go down a path between the new and older blocks by some green bike lockers and across the grass to large metal gates. Events free but donations happily received.

Mother Goose Wildlife Garden, Wanley Road, SE5 8AT

[wildlifegarden@mothergoosenurseries.co.uk](mailto:wildlifegarden@mothergoosenurseries.co.uk)

### Light Up The Park With Us **FREE**

Saturday 1<sup>st</sup> February, 5pm-8pm

Come join us to transform the local park into a magical forest after dark. Please arrive at the Old Laundry at 5pm to make handmade lights (20 Eastcote St, Stockwell, SW9 9BY) Meet at 6.30pm beside the green bench at Rhodesia Rd

Playground to light up the space.

[www.stockwellmatters.org](http://www.stockwellmatters.org)

[www.hyde-housing.co.uk](http://www.hyde-housing.co.uk)

02072744503

### Something just for the Adults

#### Fitness Class Every Monday with Top Trainer Charmaine! **FREE**

Every Monday, 12-1 PM, at St. Martins Community Centre, SW2 3QB. Participants can enjoy tailored exercises set to uplifting golden tunes and beats that will get any soul back on track, led by Charmaine, a fitness expert with 30+ years of experience.

Contact Dominika: 07718 100023 or Charmaine: 07886 302713

#### Job Alert : Brixton Windmill

A paid role at Brixton Windmill on Brixton Hill might to suit a local parent. 8 hours per week and could fit around school hours. Check link to Job description on their website:

<https://www.brixtonwindmill.org/get-involved/opportunities/>

Deadline is 11 February.

Please contact Isla, Brixton Learning Collaborative ([brixtonlearningassistant@gmail.com](mailto:brixtonlearningassistant@gmail.com)) or

Rachel Thomas, Windmill Cluster ([rthomas@sudbourne.com](mailto:rthomas@sudbourne.com)) if you have a low cost no cost event that you would like us to feature.

