

Tuesday 4<sup>th</sup> March, 2025

Dear Parents/Carers,

Re: Ramadan and arrangements for children who are fasting

The holy month of Ramadan has begun and, this year it is predicted to continue until Sunday, 30th March.

We want to make sure we provide appropriate support to children and families who will be observing this significant and special time. Children who are fasting in school must have the permission of their parents or carers.

Please complete the form on the BJS Parent App (Weduc) by <u>Thursday 6<sup>th</sup> March.</u> Only children in years 4, 5 and 6 may fast <u>on days that do not include PE or school trips</u>. Those fasting will be encouraged to avoid excessive physical activity.

If a child feels unwell or wishes to break their fast, they should let a member of staff know and we will provide them something to eat or drink.

We will expect children to break their fast if there is a concern regarding their health or safety and we will seek to contact parent/carer in such a situation. If we cannot make contact, we <u>will</u> expect the child to break their fast.

Please note that if we do not have your permission via The BJS Parent App (Weduc), your child will not be allowed to fast in school from Friday 7<sup>th</sup> March onwards.

Thank you for your co-operation in making sure we have a safe and supportive environment for all children during Ramadan.

For those observing, we wish you a peaceful and blessed month – Ramadan Mubarak!

Yours sincerely,

Ms Z. McIntosh Head of School.

## **BJS FEDERATION OF SCHOOLS**

Bonneville, Jessop & Stockwell Primary Schools

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