Low Cost/No Cost Family Fun in London

Please look at the organisations' websites to double check times and arrangements

Henry: a healthy start for a brighter future – FREE
Starting Solids workshop – Thursday 25ᵗʰ September 13:00 – 15:00

Help to get your baby off to a great start. The workshop will help you decide

- When your baby is ready to try solid food
- What foods to start with
- When your baby is hungry and when they've had enough
- How to make mealtimes an enjoyable experience for both of you.

St Stephen's Children's Centre, Meadow Place, SW8 1XY

Family Volunteering Club – South London – FREE
Gardening and Bird Feeders at Ronald McDonald House
Saturday 27ᵗʰ September 10:00 – 11:30am

Lend a hand in the garden at Ronald McDonald House, a 'home away from home' for families of children at Evelina Hospital. Starting with a gardening tidy-up – sweeping, weeding, and refreshing the space – then creating nut-free bird feeders to hang in the garden and support local wildlife. A hands on way to give back and bring life to this special place.

Book at www.familyvolunteeringclub.co.uk/southlondon

Ronald McDonald House, 216 Lambeth Road, SE1 7JY

Brixton Windmill – Harvest Festival – FREE
Sunday 28ᵗʰ September 1pm – 5pm

Free Family event to celebrate the wheat harvest.
Join Brixton Windmill for an afternoon of live music, food, craft and baking workshops and milling demonstrations. Children's arts and crafts and baking workshops.
Brixton Tatterjacks will be dancing at 3:30pm in the family field.

https://www.brixtonwindmill.org/events/harvest-festival-2025/

100 Blenheim Gardens Brixton Hill, London, SW2 5DA

Brixton Windmill – Wellbeing Day – FREE
Tuesday 30ᵗʰ September 2025 10am to 3:30pm

Free activities (supported by Age Friendly Lambeth) for local residents aged 60+
A chance to meet your neighbours, try a new activity and have a healthy lunch.
Stay for the full day or drop in for a specific activity

https://www.brixtonwindmill.org/events/windmill-wellbeing-day/

Brixton Windmill and Education Centre
100 Blenheim Gardens Brixton Hill, London, SW2 5DA

Chelsea Physic Garden – FREE
Saturday 27ᵗʰ and Sunday 28ᵗʰ September 10:00am to 5:00pm

Step into Chelsea Physic Garden and travel back in time at London's oldest botanical garden.
Across the weekend of the Chelsea History Festival, the whole family can get hands-on
With nature and history. Try pond dipping, craft activities, and enjoy lively storytelling sessions.

https://www.chelseaphysicgarden.co.uk/event/open-weekend/

Chelsea Physic Garden, 66 Royal Hospital Road, SW3 4HS

- [St Vincent's Brixton Community Centre](#) offers free weekly clubs in a safe, inclusive setting.
- The SEND Youth Group (ages 11–18) runs Saturdays, 11am – 12pm, with arts, crafts, games and books available. Parents and carers are welcome to attend, and refreshments are provided.
- The Drama Club (ages 11–16) runs Wednesdays, 4:30 – 6pm, with a focus on fun, inclusive theatre practice. No auditions are required, and performances are youth-led. Both programmes are free and provide an important outlet for creativity and social connection.
- All activities take place at Talma Road, SW2 1AS. Places are limited

- **Support for Every Step—from Bump to Teen**
- Whether you're a new parent, seasoned carer, or navigating co-parenting, Lambeth Parenting Support Service is here for you. We offer a wide range of **free, expert-led programmes** tailored to support families through every stage of childhood—from pregnancy to age 18.
- 🌟 **Discover practical tools, build stronger relationships, and parent with confidence.** Explore our full offer and sign up today: [Parenting Support Service | Lambeth Council](#)

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