



Tuesday 10<sup>th</sup> February, 2026

Dear Parents/Carers,

Re: Ramadan and arrangements for children who are fasting

As Ramadan approaches, we would like to take this opportunity to acknowledge its importance and to express our respect for families who observe this special time. We recognise that Ramadan is a significant period of reflection, worship and community, and we are keen to support our pupils and families wherever possible. This year, it begins during half term, and it is predicted to continue until Wednesday, 18th March.

We want to make sure we provide appropriate support to children and families who will be observing this significant and special time. Children who are fasting in school must have the permission of their parents or carers.

Please complete the form on the BJS Parent App (Weduc) by **Tuesday 24<sup>th</sup> February, 2026**. Only children in years 4, 5 and 6 may fast **on days that do not include PE or school trips**. Those fasting will be encouraged to avoid excessive physical activity. In order for us to support your child appropriately, please let us know:

- Whether your child will be allowed to drink water during the school day
- Which days your child will be fasting

If a child feels unwell or wishes to break their fast, they should let a member of staff know, and we will provide them with something to eat or drink.

We will expect children to break their fast if there is a concern regarding their health or safety and we will seek to contact a parent/carer in such a situation. If we cannot make contact, we **will** expect the child to break their fast.

**Please note that if we do not have your written permission via The BJS Parent App (Weduc), your child will not be allowed to fast in school.**

Thank you for your co-operation in making sure we have a safe and supportive environment for all children during Ramadan.

For those observing, we wish you a peaceful and blessed month – Ramadan Mubarak!

Yours sincerely,

Ms Z. McIntosh  
Head of School.

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**BJS FEDERATION OF SCHOOLS**

Bonneville, Jessop & Stockwell Primary Schools